Birth Year and Season Matrix

When determining the age group for a season, the year the season ends should be used for determining the birth year. Also note that the format “U followed by age” really means that age and younger. For example, U8 should be read as 8 and younger. For more age-group information please reference U.S. Soccer’s Player Development Initiatives.

Season	2020-2021	2021-2022	2022-2023	2023-2024	2024-2025	2025-2026	2026-2027	2027-2028	2028-2029
Birth Year									
2023									U6
2022								U6	U7
2021							U6	U7	U8
2020						U6	U7	U8	U9
2019					U6	U7	U8	U9	U10
2018				U6	U7	U8	U9	U10	U11
2017			U6	U7	U8	U9	U10	U11	U12
2016		U6	U7	U8	U9	U10	U11	U12	U13
2015	U6	U7	U8	U9	U10	U11	U12	U13	U14
2014	U7	U8	U9	U10	U11	U12	U13	U14	U15
2013	U8	U9	U10	U11	U12	U13	U14	U15	U16
2012	U9	U10	U11	U12	U13	U14	U15	U16	U17
2011	U10	U11	U12	U13	U14	U15	U16	U17	U18
2010	U11	U12	U13	U14	U15	U16	U17	U18	U19
2009	U12	U13	U14	U15	U16	U17	U18	U19	
2008	U13	U14	U15	U16	U17	U18	U19		
2007	U14	U15	U16	U17	U18	U19			
2006	U15	U16	U17	U18	U19				
2005	U16	U17	U18	U19					
2004	U17	U18	U19						
2003	U18	U19							
2002	U19								